An introduction to the anthropology of Japan (Ritual practices and daily rituals)

Course overview

The role of ritual practices in a country that has more than one festival on any given day of the year cannot be denied. It is a highly significant one that has pervaded the everyday life, where many gestures have acquired a ritual meaning, be it social or sacred. The present course aims to offer an overview of contemporary Japanese society with a focus on sacred rituals (related to religious practices) and profane rituals, those daily practices that have gained ritual characteristics: cyclic repetition in a pre-determined space, with pre-determined participants, roles, and activities.

Course goals

The students will become familiar with general concepts related to anthropology and ritual studies, and they will be able to apply them to contemporary Japanese society. They will be able to differentiate between universal and culture-specific aspects, and use this knowledge to analyze both sacred and daily practices.

Grading criteria

Class participation 10%
Response papers (2 papers, 800-1000 words each) 20%
Midterm 20%
Ethnography report (presentation 20% + paper 30%)

- The response papers are based on the readings indicate in the syllabus. Students may choose, but the response paper must be submitted by the deadline indicated in the syllabus (deadlines differ depending on the reading).
- The midterm includes questions from topics covered during weeks 1~6.
- The ethnography report is based on participant observation + academic research. The topic should be chosen by the midterm the latest. Oral presentations will be given during the last week of the course, and the written report (7000~8000 words) will be submitted during exam week.


Class schedule (2 classes/week)

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1 If the course is taught next year, the new edition of "Understanding Japanese Society", scheduled to appear in March 2019, will be used.
**Week 1**  
Class overview. Introduction to anthropology and ritual studies. Japanese mythology  
**Textbook:** Chapter 1. Sources of Japanese identity: historical and mythological foundations of Japan  
**Reading:**  
“Seeing the World” (Joy Hendry—*An Introduction to Social Anthropology*, Palgrave 2016)  
Takeshi Matsumae—“The Heavenly Rock-Grotto Myth and the Chinkon Ceremony” (text to be distributed by the instructor; response paper deadline: week 2)  

**Week 2**  
Encounters with the Other. Social structure and social practices  
**Textbook:** Chapter 2. Socialisation and classification  
**Reading:**  
Gavin James Campbell—"Mortification, Mockery, and Dissembling: Western Adventures in Japanese Etiquette" (Jan Bardsley & Laura Miller—*Manners and Mischief. Gender, Power, and Etiquette in Japan*, University of California Press 2011) (response paper deadline: week 3)  

**Week 3**  
Community and daily practices  
**Textbook:** Chapter 3. Community and neighborhood  
**Reading:**  
Kenji Hashimoto & Jackie Miyasaka—“Class Structure in Contemporary Japan”  
Kalman D. Applbaum—" Marriage with the Proper Stranger: Arranged Marriage in Metropolitan Japan"  
David Chiavacci—“ From Class Struggle to General Middle-Class Society to Divided Society: Societal Models of Inequality in Postwar Japan” (texts to be distributed by the instructor; response paper deadline: week 4)  

**Week 4**  
Ritual Japan. Shrine and temple, religious syncretism  
**Textbook:** Chapter 7. Religious influences  
**Reading:**  
John K. Nelson—*A Year in the Life of a Shinto Shrine*, University of Washington Press 2000 (Kindle edition available; response paper based on one chapter, deadline week 5)  

**Week 5**  
Ascetic practices in contemporary Japan  
**Textbook:** Chapter 7  
**Reading:**  
Carmen Tamas—“Purification, Ecstasy and Enlightenment: Asceticism within the Nichirenn Sect” (text to be distributed by the instructor)  

**Week 6**  
Purification rituals and practices  
**Reading:**  
Carmen Tamas—“The Ritual Significance of Purification Practices in Japan”  
Hitomi Tomomura—“Birth-giving and Avoidance Taboo: Women’s Body versus the Historiography of “Ubuya”” (texts to be distributed by the instructor; response paper based on the article by H. Tomomura, deadline week 7)  

**Week 7**  
Midterm. Introduction to Japanese Festivals  
**Reading:**  
Herbert Plutschow—“The Structure of the Festival” (*Matsuri: The Festivals of Japan*, Routledge 1996) (response paper deadline week 8)
Week 8  
Festivals and rituals  
Textbook: Chapter 8. Ritual and the life cycle  

Week 9  
Field trip (a visit to festival; the date may change depending on the actual school calendar)

Week 10  
Rituals and daily practices  
Textbook: Chapter 8.  
Reading: Emiko Namihira—“Pollution in the Folk Belief System” (text to be distributed by the instructor)  
Joy Hendry—“Humidity, hygiene, or ritual care: some thoughts on wrapping as a social phenomenon” (Eyal Ben Ari, Brian Moeran, James Valentine—*Unwrapping Japan. Society and culture in an anthropological perspective*, Routledge 2011) (response paper deadline week 11)

Week 11  
Theater as entertainment and sacred practice  
Textbook: Chapter 10. Arts, entertainment and leisure  

Week 12  
Sacred performances. Review (+ Japanese theater performance in Umeda, Osaka; the date to be decided according to the school calendar)  
Textbook: Chapter 10.  

Week 13  
Ethnography reports. Presentations

The final paper (7000~8000 words) must be submitted during the final exam week.